

## **BEFORE YOU COME TO CHURCH** SELF-SCREENING CHECKLIST

## Adults

Do you currently have any of the following symptoms that are not caused by another condition or that have an unknown cause?

- Have you been asked to self-isolate or quarantine by a medical professional or a local public health official?
- Do you have a temperature of 100.4° F or higher without having taken any fever reducing medications?
- □ Have you had close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19?
- Do you have a persistent cough?
- Are you experiencing shortness of breath or difficulty breathing?
- Do you have chills?
- □ Are you experiencing muscle or body aches?
- Do you have a sore throat?
- □ Have you been vomiting?
- Do you have diarrhea?
- □ Have you recently experiences the loss of taste or smell?

If the answer to any of the questions above is yes, please do not come to church and inform your coordinator.

## Children

If a child has any of the following symptoms, that may indicate a possible illness that could place them at risk for spreading illness to others.

- Has your child been asked to self-isolate or quarantine by a medical professional or a local public health official?
- Does your child currently have a temperature of 100.4° or higher without having taken any fever reducing medications?
- Has your child had close contact (within 6 feet for at least 15 minutes) with a person confirmed to have COVID-19?
- Does your child have a new uncontrolled cough that causes difficulty breathing? For children with a chronic allergic or asthmatic cough, has there been a change in their cough from baseline?
- Does your child have diarrhea?
- □ Has your child been vomiting?
- Does your child have abdominal pain?
- Has your child recently experienced the onset of a severe headache, especially with fever?

If the answer to any of the questions above is yes, please do not bring your child to church.